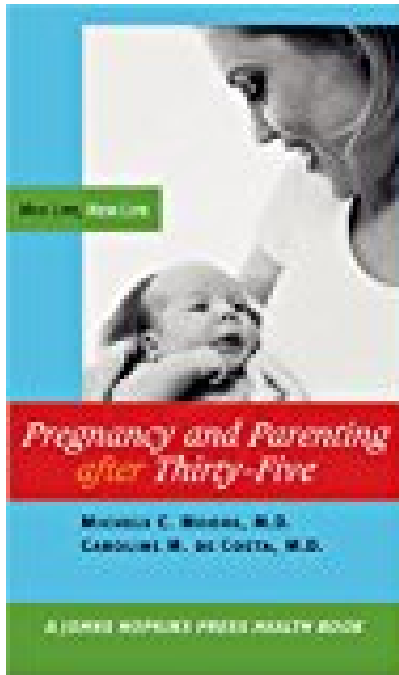


Pregnancy and Parenting after Thirty-Five Mid Life New Life A Johns Hopkins Press Health Book



BOOK DETAILS

- Author : Michele C. Moore MD
- Pages : 296 Pages
- Publisher : Johns Hopkins University Press
- Language : English
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BOOK SYNOPSIS

That "glowing skin" everyone promised you looks remarkably similar to the hormonal acne you battled as a teen Your special bond with your husband? It means he cant sleep in the same room as you, thanks to your killer gas The lady at the grocery store remarks "it must be any day now!" when you havent finished your second trimester You debut the perfect name for your baby—which your mother-in-law immediately describes as "interesting" (complete with a wrinkled nose) Theres no doubt about it: Pregnancy isnt all its cracked up to be. In this complete update of the bestselling first edition, Joanne Kimes pairs no-holds-barred humor with helpful advice to get you through the next nine months with (some level of) your sanity intact. So whether youre looking for the scoop on hypnobirthing, you want to know a cure for your hemorrhoids, or you really just want a laugh (even if you might pee in your maternity leggings), this book will tell you exactly what to do when that miracle of yours is making you totally, completely, gestationally miserable.

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